

I would like to be a Friend of the Alexander Technique			✓
Friend:	Standard (for one year)	£15*	
	Concession (for one year)	£12.50*	
	Joint - <i>existing Members & Friends of STAT</i> (for one year)	£10*	
* Please note , for ease of administration the membership year runs from 1 st April to 31 st March. New members joining after October 1st have the option to pay half the regular fee.			
Life Friend:		£500	
Best Friend:	Donations of £1000 and over	£1000	
Title:			
First Name(s):			
Surname:			
Telephone:			
Address:			
Post Code:			
Email:			
This information will not be passed on to any third party			
I enclose my subscription to join the Friends of the Alexander Technique:		£	
I enclose a donation of:		£	
Total:		£	
-please make cheques payable to "Friends of the Alexander Technique"			
Signature:		Date:	
Gift Aid			
Using Gift Aid means that for every pound you give, we get an extra 28 pence from the Inland Revenue, helping your donation go further.		<i>giftaid it</i>	
I confirm that I am a UK taxpayer* and would like my gift and any future donations I make to the Friends of the Alexander Technique, from the date of this declaration, to be made tax effective under the Gift Aid scheme.			
<i>*you must be liable to pay Income Tax or Capital Gains Tax of at least the amount we will claim on your donation in the tax year.</i>			
Signature:			
Date:			
Please print this form and return it to: FMAT Charity 8 Hop Gardens, London WC2N 4EH, United Kingdom			